

# Wax & Laser Studio Medusa

## BEFORE & AFTER CARE

When you undergo a Diode laser treatment, we will do everything we can to make it go as smoothly as possible. That is why we also need your cooperation to follow the pre- and aftercare instructions in order to achieve the best possible end result.

- From a week prior to the first treatment, no longer sunbathe or use a sunbed and/or no longer use self-tanning products. This is to prevent unnecessary risk of pigment shifts. Protect the skin with sun protection with a factor of at least 30.
  - From six weeks prior to the first treatment, no longer bleach and/or remove the hair with wax, Epilady or by means of epilation. For the treatment it is necessary that the hair ends are present in the hair root. Shaving or cutting is allowed, as is the use of a depilatory cream.
  - Shave or cut the hair two days before the treatment, unless otherwise specified by the practitioner. • On the day of treatment, keep the area to be depilated free of make-up or other cosmetics. Or mention that you used makeup. • Do not wear dark lingerie (because of the high degree of light absorption), but white lingerie.
  - Put on comfortable clothing. This will prevent any abrasion on the treated areas.
  - There may be a slight swelling after the treatment and the skin may be a bit red and sensitive. This disappears after a few hours to a day.
  - Take care of the skin as much as possible during the first hours after the treatment and treat the depilated area carefully during the first few days. Cold compresses cool the skin and counteract any burning sensation.
  - Do not swim for 48 hours after the treatment, do not use the whirlpool and/or sauna. You can take a shower, but not too hot. The skin must relax.
  - If the armpits have been treated, do not use deodorant for the first 2 days.
  - Drink a lot of water. This helps the lymphatic system to clean up the destroyed hair follicles.
  - Never scratch or rub, even the days following the treatment. This can cause unnecessary scabs, which can lead to pigment shifts or scars.
  - You can resume your daily activities immediately after the treatment. • Do not pull or pluck the hairs, they will fall out on their own.
  - New hair growth may be shaved or clipped. The use of depilatory cream is only allowed after two weeks. You should not wax, epilate or use an Epilady.
  - Do not use the sun or under a sunbed and/or do not use self-tanning products. The skin must retain its natural color as much as possible, so that the risk of (temporary) pigment shifts is limited and the treatment can always take place under equivalent conditions.
  - When depilating the legs, the skin may itch after the treatment. When the skin has settled, you can very gently use a light scrubbing agent to remove the hair residue. This helps against any itching. Never scratch!
  - Report changed situations regarding medication use, pregnancy and/or sun behavior/use of self-tanning products to the practitioner before each treatment.
  - Avoid excessive sun on the treated area as much as possible. Also use a sunblock with a high protection factor.
  - Do you have any questions or doubts? Then contact us:
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