

Before & After care Gentle Max Pro+

Before

1. Avoid the area for 4-6 weeks before and after treatment or until your practitioner deems it safe. Epidermal melanocytes threaten the melanin in the hair.
2. Your entrepreneur may ask you to stop using topical medications or skin care products 3-5 days before the treatment.
3. You **MUST NOT** bleach, pluck or wax the hair 4-6 weeks before the treatment. The hair containing melanin must be present in the follicle because this is the target for the laser light.
4. If you have a history of perioral herpes simplex virus, you may be advised an antiviral profile. Follow the instructions of your specific antiviral medication.
5. If you have a brown or sensitive skin type, it may take 4 to 6 weeks for a whitening treatment to be performed.
6. **RECENTLY TANNED SKIN CANNOT BE TREATED!** If treatment is carried out within 2 weeks after active (sun or tanning bed) tanning, hypopigmentation (white spots) may occur after treatment and be visible for 2 to 3 months or more.
7. The use of self-tanning skin products should continue for 1 week before discontinuing treatment. Before the treatment, all remaining self-tanning must be removed.
8. Shave the area that is being treated 24 - 48 hours before the appointment

AFTER

1. Immediately following treatment there should be erythema (redness) and edema (swelling) of each hair follicle in the treatment area, which may last up to 2 hours or more. The erythema may last 2-3 days. The treated area may feel like a sunburn for several hours after the treatment.
2. Your practitioner may use an optional cooling method after treatment for comfort.
3. A superficial soothing skin care product such as aloe vera gel may be applied after the treatment if desired.
4. Make-up may be used immediately after the treatment as long as the skin is not irritated.
5. Avoid sun exposure to reduce the risk of hyperpigmentation (dark pigment).
6. Always use a sun block (SPF 30+) during the entire treatment period.
7. Avoid picking or scratching the treated area. Do not use other hair removal products or similar treatments (such as waxing, electrolysis, or plucking) that damage the hair follicle in the treatment area for 4-6 weeks after the laser treatment. Shaving of the area is allowed
8. The treated hairs will fall out between 5-14 days after treatment. This looks like new hair growth. These are **NOT** new hair growth. You can clean the area and remove the hair by washing the area or rubbing the area with a wet cloth or Loofah sponge.
9. After the armpits (underarms) have been treated, you may find it helpful to use a powder instead of a deodorant for 24 hours after the laser treatment to prevent skin irritation.
10. There are no restrictions on bathing except that the skin should be treated gently as if you had a sunburn for the first 24 hours.
11. Return to the clinic or call for a new appointment as soon as the first new hairs appear. This can occur on the torso after 4-6 weeks and possibly 2-3 months for the lower body. Regrowth occurs at different rates on different parts of the body. New hair growth will not occur for **AT LEAST** 3 weeks after treatment.

